



## The Figure Skating Club Of the Quad Cities

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### Figure Skating Club of Quad Cities 2011- 2012 Membership Packet

Dear FSCQC Members and New Members,

It is that time of year to renew your Club Membership and welcome new members to the FSC. The 2011-2012 membership year has been very busy for the FSC. For all new members the Membership year begins July 1, 2011 and ends June 30, 2012. The principle purpose of the Club is to foster figure skating in a healthy and safe environment. The FSC holds many events throughout the year, allowing everyone a chance to participate, whether being a recreational skater, competitive skater, a member of the River's Edge Adult and Youth Synchro Teams or just skating in the FSC Ice Shows.

The FSC is a non-profit organization and is run solely by the members that volunteer their time. The Membership packet includes the Membership fee structure, Freestyle Rules, Liability Waiver, Consent forms, Code of Conduct and Volunteer Forms. The Board of Directors is strongly encouraging every family to volunteer for one event during the calendar year.

**All membership forms are due by June 15th.**

**Please place all forms in the FSC Club Box or mail to Melinda Olson.**

\*\*\*\* Current Members paying after July 10<sup>th</sup> must include a \$15.00 late fee\*\*\*\* All forms must be signed and turned in with full payment before your FSC Membership is submitted. The FSC encourages all members to renew before July 1<sup>st</sup> so their membership will not be interrupted. Forms can be found on the FSC Club Board or visit [www.FSCQC.org](http://www.FSCQC.org).

**Please return the following:** Membership Application, Volunteer Form, Waiver & Release of Liability, Parent Consent and indemnification Agreement, and Skaters Code of Conduct( Freestyle Rules and Etiquette) and Parent Code of Conduct. Thank you.

If you have any questions concerning membership please e-mail or call Melinda Olson. E-mail: [minda817@hotmail.com](mailto:minda817@hotmail.com) /563-370-3344

Sincerely,  
FSCQC Board of Directors

FSCQC Home Club Membership Benefits

**2011- 2012 Home Club Membership Benefits**

<u>FSCQC: Types of Membership</u>	<u>JULY 1, 2011 - JUNE 30, 2012</u>			
	<u>Individual Mem.</u>	<u>Jr./ Adult Mem.</u>	<u>Assoc. Mem.</u>	<u>Professional Mem.</u>
USFSA Membership	x	x	x	x
Subscription to "Skate Magazine"	x	x		x
USFS Athlete Insurance	x	x		x
Club Ice - (\$10.00/Hr Freestyle)	x	x	x	x
Club Ice- ( 1/2 hr punch cards)	x	x	x	x
Synchronized Skating Team Eligibility	x	x	x	x
Eligibility to USFS Competitions, Exhibitions, and ice shows	x	x	x	x
Eligibility to participate in FSCQC sponsored seminars, clinics, ice shows and workshops	x	x	x	x
Participation in FSC social events	x	x	x	x
Voting Rights( over 18yrs)	x			x
Member who have not TESTED		x		
<b>MEMBERSHIP DUES</b>				
<u>Each additional member</u>	\$135.00		\$65.00	\$50.00
<u>* Jr. Member( skater under 18yrs plus a parent)</u>		*** \$85.00		
<u>*** Adult Member(over 18yrs)</u>		***\$75.00		

**\*\*\*\*\* Clarification on FSCQC Membership\*\*\*\*\***

- ❖ **Junior/ Adult Membership:** This membership is for skaters under or older than 18yrs of age who **have not taken any USFSA Tests( moves in the field or freestyle).** Once the member has taken his/her first test they will no longer be eligible for this type of membership. The following membership year, the skater will apply for an Individual Membership.
- ❖ **Professional Membership:** The FSC will pay the membership dues for the Membership Year 2011-2012 for any coach that is a Category A Coach and above, with the understanding he/she will commit to volunteering for one of the following events. National Learn to Skate, Summer Show, or Winter Show. Please check which event you wish to commit to on the Membership Application. .

## **Figure Skating Club of Quad Cities Volunteer Sign-up Sheet:**

Dear Members,

The list of events below is a daunting task for the FSC Board of Directors to take on along with their Board Responsibilities. The Board needs every member to at least volunteer to be on one committee or chair/co- chair an event during the membership year.

If you choose something now, that you like, it will save the Board and many hours of calling to look for people to fill the positions or assign members to an event they might not want to help with.

### **Standing Committees**

Volunteer Job	Chair	Co-Chair	Volunteer
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Skater of the Month  
Social Committee  
Testing  
Fundraising Committee  
Membership Chair  
National Learn to Skate  
Publicity ( Shows ETC)  
Skate and Dress Sale  
Club Directory

### **Winter Show**

Volunteer Job	Chair	Co-Chair	Volunteer
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Bake Goods  
Concessions  
Dressing Room Monitors  
Lighting  
Play Music/Announcing  
Program Layout  
Props/Scenery  
Set-up and Clean-up  
Ticket Sales  
Video/Photography

### **Summer Show**

Volunteer Job	Chair	Co-Chair	Volunteer
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Bake Goods  
Concessions  
Dressing Room Monitors  
Lighting  
Play Music/Announcing  
Program Layout  
Props/Scenery  
Set-up and Clean-up  
Ticket Sales

Video/Photography

**QC Championship- June 2012**

Volunteer Job	Chair	Co-Chair	Volunteer
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- Concessions
- Accounting Room
- Announcing/Play music
- Awards/ Photos
- Hospitality
- Judges Transportation
- Monitors and Runners
- Practice Ice
- Program Layout/Printing
- Registrar
- Registration Desk
- Set-up and Clean-up
- Sponsorship
- Testing
- Vendors
- Welcome Gift Bags



**Figure Skating Club of the Quad Cities**

**Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (“Agreement”)**

In consideration of participating in activities, I represent that I understand the nature of figure skating activities and that I am qualified, in good health and in proper physical condition to participate in such “activity”. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the “activity”.

I fully understand that this involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the “activity”, the conditions in which the “activity” takes place, or the negligence of the “Releasees” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the “activity”.

I hereby release, discharge, and covenant not to sue the Figure Skating Club of the Quad Cities, United States Figure Skating, it’s directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the “activity” takes place (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “Releasees” or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The Figure Skating Club of the Quad Cities has the right, but not the obligation, to provide rules, regulations and/or ice monitors for Club Ice. We hereby acknowledge that the Figure Skating Club of the Quad Cities shall not be responsible for the supervision of the members at Club Ice.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent (If skater is a minor)

## PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claims against any of the above Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releases may incur as the result of any such claim.

\_\_\_\_\_ Date \_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Signature of Parent/Guardian

### Consent for Medical Attention or Treatment

I certify that I, the member, or I, the parent/guardian of said participant, give my consent to the

Figure Skating Club of the Quad Cities and the facility the activities are taking place in and their staff and to members of the Figure Skating Club of the Quad Cities, their Board of Directors and volunteers to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical services, for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

\_\_\_\_\_ Name of 1<sup>st</sup> Minor  
Child Member

\_\_\_\_\_ Name of 2<sup>nd</sup> Minor  
Child Member  
(please print)

\_\_\_\_\_  
Name(s) of Parent(s)/Guardian(s) (please print)

\_\_\_\_\_ Date  
1st Parent/Guardian Signature

\_\_\_\_\_ Date  
2nd Parent/Guardian Signature

\_\_\_\_\_ Signature /date  
Name of 1st Adult Member (please print)

\_\_\_\_\_ Signature/date  
Name of 2nd Adult Member (please print)

This Consent for Medical Attention shall be binding and effective for the 2011 -2012 membership year of the Figure Skating Club of the Quad Cities.

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**SKATERS CODE OF CONDUCT(FREESTYLE RULES AND ETIQUETTE):** Copies of forms can either be found on FSC Bulletin Board or [www.fscqc.org](http://www.fscqc.org).

**Please take the time to go over all the rules. Thank you.**

I, \_\_\_\_\_ (skater's name printed), have read the Skaters Code of Conduct, dated June 15<sup>th</sup>, 2011 and agree to uphold all guidelines and rules of this document.

\_\_\_\_\_ ( Skater's Signature)

\_\_\_\_\_ ( skater's signature)

\_\_\_\_\_ ( Parent's or Legal Guardian's signature if under 18 yrs. of age)

\_\_\_\_\_ (date signed)

**PARENT CODE OF CONDUCT:**

I \_\_\_\_\_ (parent's name printed), have read the Parent Code of Conduct, dated June 15<sup>th</sup>, 2011 and agree to uphold all guidelines and rules of this document.

\_\_\_\_\_ (signature)

\_\_\_\_\_ (date signed)

# The FSCQC Skaters Code of Conduct

## Freestyle Rules and Etiquette

I. The Skaters Code of Conduct has been established by the FSCQC Board of Directors to provide safety to all members using the ice and to insure quality practice time for all home club, associate, non-members and guests who buy ice at the QCSC Ice Rink.

II. All skaters regardless of whether they hold home club, associate, non-member, or guest status are expected to follow and uphold the rules regarding on and off ice behavior while on the premises of the QCSC.

III. Skaters and parents are required to thoroughly read all rules and sign the attached form, which will be kept on file with the FSCQC Board of Directors. The following form must be signed for the 2008-2009 Calendar Year. If forms are not signed, skaters will be refused access to the ice.

IV. All Club members are expected to exhibit good sportsmanship and be a good role model. Remember, skating is a privilege not a right. All skaters are expected to be respectful toward their fellow skaters, coaches, USFS officials and guests.

V. Any skaters who are heard making disrespectful comments concerning fellow skaters, coaches, and officials will be given a warning. This statement includes, making comments concerning a skaters appearance, skating ability, and person's friends or family. The FSCQC is committed to promoting a positive and friendly environment for all skaters. Please treat your fellow club members as you would like to be treated: **WITH RESPECT.**

### **Ice Etiquette and Safety:**

#### **Specific rules governing free skating sessions**

- ✓ Sign in at the box office and pay for each session before stepping on to the ice.
- ✓ The following are not allowed in your hands while skating: Cell phones, Stuffed animals, dolls, etc. unless the item is a prop in a skate program.
- ✓ No breakable containers are allowed rinkside. Drinks are allowed on or below the railing. Food is not permitted near the rail or on the ice.
- ✓ Please pick up all belongings (including dirty tissues, water cups, bottles, etc.) at the end of the session.
- ✓ Parents, skaters not in the session or other spectators should not loiter at the rail or benches. This is unsafe and it interferes with a constructive training session.
- ✓ Coaching by parents from the bleachers, benches or railing is **not** allowed at any time. Parents will be asked to leave the arena if this happens.
- ✓ The hockey boxes are to be used by the skaters and coaches only.
- ✓ Access to the music box area is limited to coaches, skaters on the session or adult music monitors.
- ✓ If skaters must talk to someone **off** the ice, even if for a brief time, they need to get off the ice to do so or the skater will be asked to leave the ice.
- ✓ No Horseplay
- If you are a less experienced skater, please be extra careful to stay aware of other skaters and to look ahead of where you are skating to see what others are doing or are about to do.
- If you are an experienced skater, please be patient with the less experienced skaters. Remember – you were new to freestyle at one time, too.
- Please be understanding if someone gets in your way.
- If someone is in your way, please use the term **“HEADS UP”-**
- Remember to look both ways before leaving the railing or skating across the ice.
- Keep moving while on the ice, as it is dangerous for both you and other skaters to stand still during a session. It is especially important not to stop in the middle of the ice or any of the jumping corners.
- **PLEASE DO NOT INTERRUPT ANOTHER SKATER'S LESSON TIME, BE RESPECTFUL OF ANOTHER SKATER'S TIME WITH THEIR COACH.**

### **Right of Way**

1. The skater doing a routine to music has the right of way. Orange vests and colorful belts are provided to help identify the skater whose music is being played. Please stay aware of which skater is doing his or her routine and do your best to stay clear of his or her pattern **The vest, arm band, scrunchy or belt MUST BE WORN when you play your music to help other skaters know you are skating your routine, (If one of the safety items are NOT WORN, YOUR MUSIC WILL NOT BE PLAYED.)**
2. Skaters taking a lesson have the right of way over general skaters in the session.
3. Skaters on the harness also have the right away. Please be careful of the harness area.
4. ORDER OF RIGHT OF WAY: MUSIC, LESSON, PATTERN (MOVES), AND HARNESS
5. **Pairs: when going into lifts or doing throw movements- must call out either "LIFT OR THROW" before attempting the move so surrounding skaters are aware.**

### **Music**

1. Program music will be played on a rotational basis. This will be done on the honor system, with the responsibility left to the skaters and coaches.
2. After a skater's music has been played, that cassette/CD or another program cassette/CD may be put at end of the line to re-enter the rotation. Dance music can take the place of program music.
3. Not everyone will be able to play their music on full sessions due to lengths of programs.
4. Coaches may cut "1" time during a skaters lesson. (EXCEPTION: A COACH MAY HAVE A 2<sup>ND</sup> MUSIC CUT PER STUDENT ONLY IF NEEDED)
5. **Skaters may only play 1 song 2 times per session.** For Example: if a skater has a long and short program, he or she can play the long twice and the short twice on one session. Once a piece of music has been played a skater must skate thru. the entire piece- there will be no stopping and restarting. The only exception is when choreographing with your coach.
6. If your music is over 3 min. and you only wish to pick up your program ½ way into the music – please fast forward the piece.

**Coaches: All coaches have the authority to reprimand a student if they see action is needed. Skaters will be respectful of their authority whether it is their skating coach or not.**

### **Violations and the manner in which they will be dealt with**

Violations by any skater will be addressed at the time they occur by a member of the FSCQC Board of Directors.

#### **First offense:**

Club member will be addressed verbally (or following a session in private away from others) regarding the comment(s) they made or behavior they displayed.

#### **Second offense:**

If the violation occurs a second time, the person will be asked to leave the ice for the remainder of the contracted ice session. There will be no refund of ice.

#### **Repeated offenses:**

If a skater continually violates the Skaters Code of Conduct/Freestyle Rules and Etiquette, a letter will be sent to the individual's parents and coach and a conference will be scheduled to discuss the matter. Repeat offenses will be reviewed by the FSCQC Board of Directors and brought before a Grievance Committee as appropriate.